

Let me begin with a few questions:

- Is there anything you wish you'd spend more time on?
- Is there anything you wish you'd spend less time on?
- Do you sometimes find it difficult to make time for what's important?

If you answered yes to any of these questions, you are in the right place.

Our speaker today has a Master's degree in Electrical Engineering from MIT, and another in Psychology from Carnegie Mellon.

She has hundreds of hours of training in Marshall Rosenberg's "Nonviolent Communication," F.M. Alexander's technique for body awareness, and Ayn Rand's philosophy of Objectivism.

Since starting her consulting business in 1998, she has helped experts from Fortune 500 executives to independent entrepreneurs, artists and writers solve problems faster, make better decisions, and spend their time where it matters most.

When she is not busy thinking at her desk or thinking on her feet, you can find her playing her flute or whomping up some vittles.

Today she will be speaking on **[INSERT TITLE OF TALK]**. Please join me in welcoming Writer, Teacher, and Mostly Recovered Nerd, Jean Moroney.